

SCAFP Summer Break Away & Annual Assembly

June 4-7, 2026

Speaker's Objectives and Disclosures

Thursday, June 4, 2026

2:00 pm – 6:00 pm

TITLE: KSA: Care of Women

FACULTY: H. Griffin Cupstid, MD, Facilitator Family Physician Spartanburg Regional, Spartanburg SC

DISCLOSURE: Neither Dr. Cupstid nor any member of his immediate family has a financial relationship or interest with any proprietary entity producing health care goods or services. The content of his material(s)/presentation(s) in this CME activity will not include discussion of unapproved or investigational uses of products or devices.

OBJECTIVES:

1. Review knowledge base for topic Pain Medicine
2. Complete the ABFM self-assessment test
3. Claim certification credits for board certification

Friday, June 5, 2026

8:15 am-9:15

TITLE: Documenting for Dollars in 2026

FACULTY: E. G. "Nick" Ulmer, Jr., MD, CPC E. G. "Nick" Ulmer, MD, CPC. VP Clinical Integration, Medical Director Case management, Spartanburg Regional, Simpsonville, SC

DISCLOSURE: Neither Dr. Ulmer nor any member of his immediate family has a financial relationship or interest with any proprietary entity producing health care goods or services. The content of his material(s)/presentation(s) in this CME activity will not include discussion of unapproved or investigational uses of products or devices.

OBJECTIVES:

1. Be aware of payor tactics to downcode office encounters and OIG audits
2. Know the make-up of the office encounter and how to document to get paid
3. Devise a strategy to combat payor tactics through medical necessity capture while avoiding copy/paste practices

9:15 am – 10:15

TITLE: Overuse Injuries in Active Adults

FACULTY: Iridi Pavliqoti, MD, CAQSM Program Director, Primary Care Sports Medicine Fellowship Conway Medical Center Team Physician, Coastal Carolina University, Conway High School, Aynor High School.

DISCLOSURE: Neither Pavliqoti nor any member of his immediate family has a financial relationship or interest with any proprietary entity producing health care goods or services. The content of his material(s)/presentation(s) in this CME activity will not include discussion of unapproved or investigational uses of products or devices.

OBJECTIVES

1. Define and identify common overuse injuries in the active adult population.
2. Perform an appropriate clinical evaluation and develop evidence-based management strategies.
3. Implement prevention strategies.

10:15 am-10:45 - Networking Break in the Exhibit Hall

10:45 am-11:15

TITLE: An ABFM Update: The Now and Future of ABFM Certification

FACULTY: Erin Myhre, Certification Program Manager

DISCLOSURE: Neither Erin Myhre nor any member of her immediate family has a financial relationship or interest with any proprietary entity producing health care goods or services. The content of her material(s)/presentation(s) in this CME activity will not include discussion of unapproved or investigational uses of products or devices.

OBJECTIVES:

1. Identify the purpose and value of ABFM Board Certification and outline the requirements for maintaining certification to provide high-quality care.
2. Describe the updates made to ABFM certification activities to increase relevance and support for family physicians for a variety of practices.
3. Explain the reason for the transition to Certification 2025 and recognize the benefits of this change.

11:15 am-11:45

AAFP Update 30 min

FACULTY: Ada Stewart, MD

12:30 pm -1PM

TITLE: INTRO- Hope or Hype? What AI really means for Primary Care 30 Min

FACULTY: Rebecca S. Smith, MD, CPE, FAAFP Ambulatory EMR Optimization and Patient Engagement Lead Clinical Assistant Professor, UofSC School of Medicine, Greenville Keystone Family Medicine Community Preceptor, Center for Family Medicine, Simpsonville, SC.

DISCLOSURE: Dr. Smith has disclosed that she is activity on the advisory panels for Abridge and previously on the Pfizer inc panel.

OBJECTIVES:

1. Review the history and definition of Artificial Intelligence (AI)
2. Outline applications of AI that are available in healthcare today
3. Discuss the strengths and weaknesses of AI applications in medicine

2:15 pm-3:15PM

TITLE: Chronic Kidney Disease and Renal Replacement Update

FACULTY: Timothy Brown, DO, FACP, Board Certified Nephrology and Internal Medicine, MAJ, MC, USAR, Carolina Nephrology, Greenville, SC

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OBJECTIVES:

1. Recognize the stages of CKD and key signs that indicate disease progression.
2. Demonstrate the ability to implement evidence based strategies that slow CKD progression in everyday patient care.
3. Understand when to consider renal replacement options and the differences between dialysis and transplant.

3:45 pm-4pm (15 min)

TITLE: Hidden hypercortisolism in primary care: identifying patients with Difficult-to-control diabetes eligible for screening

FACULTY: Andrew Moran, MD, and Christian Youssef, DO, Prisma Health Family Medicine Residency Program-Sumter, SC

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relationship or interest with any proprietary entity producing health care goods or services. The content of his material(s)/presentation(s) in this CME activity will not include discussion of unapproved or investigational uses of products or devices.

OBJECTIVES:

1. Describe quality improvement and research projects conducted by family medicine residents across South Carolina, including their goals, methods, and relevance to clinical practice.
2. Identify best practices for designing, implementing, and presenting QI and research projects within residency training.
3. Evaluate how QI projects were measured across various SC residency programs and determine how these approaches can inform or enhance practice-based improvement efforts.

4:00 pm-4:15pm (15 Min)

TITLE: Demographic disparities in hypertension management

FACULTY: John Hammond, MD, Prisma Health USC Family Medicine Residency Program-Columbia, SC

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4:15 pm-5:15pm

TITLE: Alternative Models of Care.

FACULTY: Melissa E. Boylan, MD, Family Physician and owner of Noreta family Medicine in Columbia, SC

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OBJECTIVES:

1. Discuss the benefits and limitations of Direct Primary Care
2. Discuss how Direct Primary Care differs from fee-for-service and other models of care
3. Discuss how salary, third party payment, patient experience differs between models of care.

Saturday, June 6, 2026

8:00 am-9am

TITLE: Lifestyle Medicine: The Missing Prescription for Primary Care

FACULTY: Stephen Carek, MD program director for the Prisma Health/USC School of Medicine Greenville Family Medicine Residency Program.

DISCLOSURE: Neither Dr. Carek nor any member of his immediate family has a financial relationship or interest with any proprietary entity producing health care goods or services. The content of his material(s)/presentation(s) in this CME activity will not include discussion of unapproved or investigational uses of products or devices.

OBJECTIVES:

1. Describe the six evidence-based pillars (nutrition, physical activity, sleep, stress management, social

connection, and avoidance of risky substances) and their impact on chronic disease prevention and management.

2. Identify actionable approaches for incorporating lifestyle interventions into routine patient visits, including motivational interviewing and shared decision-making.
3. Discuss real-world challenges and solutions for implementing lifestyle medicine in primary care, including reimbursement models, patient adherence, and team-based care.

9:00 am-9:15am (15 min)

TITLE: Improving Rates of Colorectal Cancer Screening at Family Medicine Center

FACULTY: David Cole Faircloth, DO, Prisma Health USC Family Medicine Residency Program-Columbia, SC

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9:15 am-10:15am

TITLE: Clinical Decision Making at the Crossroads of Pain & Addiction (part 1)

FACULTY: Tabitha Davis Stellato, MD. Family Physician Faculty, McLeod Family Medicine Residency Program Florence, SC.

DISCLOSURE: Neither Dr. Stellato, nor any member of her immediate family has a financial relationship or interest with any proprietary entity producing health care goods or services. The content of his material(s)/presentation(s) in this CME activity will not include discussion of unapproved or investigational uses of products or devices.

OBJECTIVES:

1. Describe the neurobiological and clinical overlap between pain and addiction.
2. Apply evidence-based tools and guidelines to assess risk and determine when opioid therapy is appropriate.
3. Develop patient-centered treatment plans that balance pain management with mitigation of misuse.

10:15am-10:45am - Networking Break in Exhibit Hall

10:45 am-11:45am

TITLE: Clinical Decision Making at the Crossroads of Pain & Addiction (part 2)

FACULTY: Tabitha Davis Stellato, MD. Family Physician Faculty, McLeod Family Medicine Residency Program Florence, SC.

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OBJECTIVES:

1. Describe the neurobiological and clinical overlap between pain and addiction.
2. Apply evidence-based tools and guidelines to assess risk and determine when opioid therapy is appropriate.
3. Develop patient-centered treatment plans that balance pain management with mitigation of misuse.

11:45 am-12pm (15 min)

TITLE: Improving Advance Care Planning, Documentation for Patients Aged 65 and older in the Electronic Medical Record

FACULTY: Miguel Caldera, DO and Charity Miles, DO, McLeod Family Medicine Residency Program Florence

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12:00pm-12:15pm (15 Min)

FACULTY: Deepa Nuthalapati, MD and Sanket Patel, MD

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12:15 pm-1:15pm

TITLE: Practical Strategies to Navigate Obesity Management in Primary Care

FACULTY: Tiffany Lowe Clayton, MD Obesity Management specialist in Primary Care, Wendell NC.

DISCLOSURE: Dr. Clayton has disclosed she is a speaker for obesity with Eli Lilly, Novo Nordisk, and France Foundation.

OBJECTIVES:

1. Prioritize the management of obesity and treatment plans for patients with obesity or overweight and comorbid conditions.
2. Utilize evidence based strategies to estimate treatment plans with patients with obesity or overweight.
3. Modify treatment plans for patients with obesity or overweight based on composite medical outcomes including comorbidities and cardiometabolic risk measures.

Sunday, June 7, 2026

7:45 am-8:45am

TITLE: Population Health Management 2026: More Than Just Seeing Patients

FACULTY: E. G. "Nick" Ulmer, Jr., MD, CPC E. G. "Nick" Ulmer, MD, CPC. VP Clinical Integration, Medical Director Case management, Spartanburg Regional, Simpsonville, SC

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OBJECTIVES:

1. Define Population Health Management through the ambulatory lens
2. Understand the most recent ambulatory quality measures where focus is needed
3. State strategies needed for your practice to succeed on quality benchmarks

8:45 am-9:45am

TITLE: Evidenced-Based Drug Therapy Update

FACULTY: Emily Boyd, PharmD Clinical Pharmacy Specialist Family Medicine Clinic, Columbia SC.

DISCLOSURE: Neither Dr. Boyd nor any member of her immediate family has a financial relationship or interest with any proprietary entity producing health care goods or services. The content of her material(s)/presentation(s) in this CME activity will not include discussion of unapproved or investigational uses of products or devices.

OBJECTIVES:

1. Identify indications and key adverse effects of new medications.
2. Explain the mechanism of action of new pharmacologic agents.
3. Evaluate the role of newly approved drugs within current treatment guidelines and evidence based practice.

9:45 am -10:15am

Networking Break in Exhibit Hall

10:15 am-11:15am

FACULTY: Rebecca S. Smith, MD, CPE, FAAFP Ambulatory EMR Optimization and Patient Engagement Lead Clinical Assistant Professor, UofSC School of Medicine, Greenville Keystone Family Medicine Community Preceptor, Center for Family Medicine, Simpsonville, SC.

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