

SC Academy of Family Physicians

2026 Summer Break Away & Annual Assembly

June 4–7 Hilton Head Island, SC



Thursday, June 4

2:00–6:00 pm: **KSA – Care of Women** – H. Griffin Cupstid, MD, Facilitator
Advanced registration required (8 credits)

Friday, June 5

Past Presidents' Breakfast

Networking Breakfast

- Documenting for Dollars in 2026 – E. G. “Nick” Ulmer, Jr., MD, CPC
- Overuse Injuries in Active Adults – Iridi Pavliqoti, MD, CAQSM
- ABFM Update
- AAFP Update
- Annual Business Meeting
- Introduction to AI (30 min) – Rebecca Smith, MD, CPE, FAAFP
- Mix & Mingle Lunch
- Evaluating and Monitoring Renal Disease - Timothy Brown, MD Dessert Break
- **Nexplanon Training Workshop** Nexplanon Training Workshop – Hands-on training for family physicians and advanced practice clinicians. **Registration in advance is required - No on-site registration. Online pre-assignment is required to be completed one week prior to the workshop. Nexplanon Implant Training Certificate will be available upon completion.**
- Resident Presentations
- Alternate Models of Care - Melissa E. Boylan, MD

Family Fun Night – “Fiesta” Theme

Saturday, June 6

Walk & Wellness with the Docs on the Beach

Networking Breakfast

- *Lifestyle Medicine: The Missing Prescription for Primary Care* – Stephen Carek, MD
- 2-Hour Prescribing & Monitoring Controlled Substance Session* – Tabitha Davis Stellato, MD
- Networking Break
- Resident Presentations
- *Practical Strategies to Navigate Obesity Management in Primary Care* – Tiffany Lowe Clayton, MD

Installation Luncheon – Installation of Officers, Board Members, and Incoming President Jerome Ayaay, MD; Convocation of Fellows; Presentation of Awards - Family Physician of the Year; Student Educator of the Year; Public Health Award.

* This session meets the South Carolina Medical Licensure Renewal requirement for two hours of controlled substance CME, required every two years.

Sunday, June 7

Yoga with the Docs (professional instructor)

Networking Breakfast

- *Population Health Management 2026: More Than Just Seeing Patients* – E. G. “Nick” Ulmer, Jr., MD, CPC
- Evidence-Based Drug Therapy Update 2026 - Emily Boyd, PharmD
- Networking Break
- Hope or Hype? What AI really means for Primary Care– Rebecca Smith, MD, CPE, FAAFP

*Schedule subject to change