

SC Academy of Family Physicians

2026 Summer Break Away & Annual Assembly

June 4-7 Hilton Head Island, SC



Thursday, June 4

2:00-6:00 pm: **KSA – Care of Women – H. Griffin Cupstid, MD, Facilitator**
Advanced registration required (8 credits)

Friday, June 5

Past Presidents' Breakfast

Networking Breakfast

Scientific Sessions:

- Nephrology Update
- ABFM Update
- AAFP Update
- Documenting for Dollars in 2026 – E. G. “Nick” Ulmer, Jr., MD, CPC
- Annual Business Meeting
- Mix & Mingle Lunch
- Dessert Break
- **Nexplanon Training Workshop** Nexplanon Training Workshop – Hands-on training for family physicians and advanced practice clinicians. **Registration in advance is required - No on-site registration. Online pre-assignment is required to be completed one week prior to the workshop. Nexplanon Implant Training Certificate will be available upon completion.**

Door Prize Drawing/Adjourn

Family Fun Night – “Fiesta” Theme

Saturday, June 6

Walk & Wellness with the Docs

Networking Breakfast

Scientific Sessions:

- *Lifestyle Medicine: The Missing Prescription for Primary Care* – **Stephen Carek, MD**
- 2-Hour Prescribing & Monitoring Controlled Substance Session* – **Tabitha Davis Stellato, MD**
- Networking Break
- Prescribing & Monitoring Controlled Substance Session* (continued) – **Tabitha Davis Stellato, MD**
- *Practical Strategies to Navigate Obesity Management in Primary Care* – **Tiffany Lowe Clayton, MD**

Door Prize Drawings / Adjourn

Installation Luncheon – Installation of Officers, Board Members, and Incoming President Jerome Ayaay, MD; Convocation of Fellows; Presentation of Awards - Family Physician of the Year; Student Educator of the Year; Public Health Award.

* This session meets the South Carolina Medical Licensure Renewal requirement for two hours of controlled substance CME, required every two years.

Sunday, June 7

Yoga with the Docs (professional instructor)

Networking Breakfast

Scientific Sessions

- *Population Health Management 2026: More Than Just Seeing Patients* – **E. G. “Nick” Ulmer, Jr., MD, CPC**
- Evidence-Based Drug Therapy Update
- Networking Break
- AI in Family Medicine

Door Prize Drawing / Adjourn

**Schedule subject to change*