

**Thursday 6/5/25**

**Faculty:** H. Griffin Cupstid, MD, Family Physician Spartanburg Regional, Spartanburg SC

**Topic:** KSA Working Group- Heart Disease

**DISCLOSURE:** Neither Dr. Cupstid, nor any member of his immediate family has a financial relationship or interest with any proprietary entity producing health care goods or services. The content of his material(s)/presentation(s) in this CME activity will not include discussion of unapproved or investigational uses of products or devices.

**OBJECTIVES:**

1. Review knowledge base for topic Pain Medicine
2. Complete the ABFM self-assessment test
3. Claim certification credits for board certification

**Friday 6/5/25**

**Evidence-Based Lifestyle Principles for Better Health and Happiness**

**FACULTY:** Lori Carnsew, MD, Family Physician, Owner Verity Primary Medicine & Lifestyle. Easley, SC.

**DISCLOSURE:** Neither Dr. Carnsew, nor any member of her immediate family has a financial relationship or interest with any proprietary entity producing health care goods or services. The content of his material(s)/presentation(s) in this CME activity will not include discussion of unapproved or investigational uses of products or devices.

**OBJECTIVES:**

1. Understand the 6 pillars of Lifestyle Medicine.
2. Assess your own personal lifestyle habits in regards to the 6 pillars.
3. Develop a personal action plan using lifestyle principles to bring better balance to your own life.

**Top Ten Issues in Health Care**

**FACULTY:** Kelly Jolley, JD. Managing Attorney at Jolley Law Firm. Hilton Head Island, SC

**DISCLOSURE:** Neither Ms. Jolley, nor any member of her immediate family has a financial relationship or interest with any proprietary entity producing health care goods or services. The content of his material(s)/presentation(s) in this CME activity will not include discussion of unapproved or investigational uses of products or devices.

**OBJECTIVES:**

1. Identify the top ten healthcare trends shaping the industry in 2025 and their potential impact on healthcare providers, patients, and policymakers.
2. Analyze emerging challenges and opportunities in healthcare, including regulatory changes, technological advancements, and workforce shifts.
3. Develop actionable strategies to navigate and adapt to key healthcare trends, ensuring compliance, operational efficiency, and improved patient outcomes.

**A Focus on Family Physicians in the Care of Patients with HIV**

**FACULTY:** Ada Stewart, MD, FAAFP, Family Physician Columbia, SC

**DISCLOSURE:** Dr. Stewart, has disclosed that she is a speaker for Gilead and Hologic Virology.

**OBJECTIVES:**

1. Identify risk and disparities in care for persons of color living with HIV.
2. Utilize effective communication strategies for discussing HIV risk and care with patients from diverse backgrounds, including a personalized plan for care coordination.
3. Develop long-term care plans that include rapid initiation of ART and assessment for treatment adherence in LWH.

Faculty: E. G. ‘Nick’ Ulmer, MD, CPC. VP Clinical Integration, Medical Director Case management, Spartanburg Regional, Simpsonville, SC

DISCLOSURE: Neither Dr. Ulmer, nor any member of his immediate family has a financial relationship or interest with any proprietary entity producing health care goods or services. The content of his material(s)/presentation(s) in this CME activity will not include discussion of unapproved or investigational uses of products or devices.

OBJECTIVES:

1. Define population health management through the ambulatory lens of care.
2. Understand the ambulatory quality measures where focus is needed in population health management contracts.
3. Be able to state strategies needed for your practice to remain aligned and succeed in this aspect of medicine.

**Point Of Care Ultrasound Workshop**

Faculty: Andrew Vaughn, MD, FAAFP Clinical Associate Professor of Family Medicine

DISCLOSURE: Neither Dr. Vaughn, nor any member of his immediate family has a financial relationship or interest with any proprietary entity producing health care goods or services. The content of his material(s)/presentation(s) in this CME activity will not include discussion of unapproved or investigational uses of products or devices.

OBJECTIVES:

1. Demonstrate the use of Point of care Ultrasound in common family medicine clinical scenarios.
2. Identify key POCUS techniques and protocols for accurate acquisition, interpretation and integration into patient care.
3. Apply POCUS skills in a hands on setting to build confidence in performing real time ultrasound assessment.

**Seeing the Forest for the Trees: Recognizing Potential Amyloidosis in Your Patients**

FACULTY: Chuck Vega, MD FAAFP Health Sciences Clinical Professor UC Irvine Department of Family Medicine Director, UCI Program in Medical Education for the Latino Community Assistant Dean for Culture and Community Education UC Irvine School of Medicine. Irvine, CA.

DISCLOSURE: Dr. Vega has disclosed he is a consultant for Boehringer Ingelheim Pharmaceuticals and Exact Sciences.

OBJECTIVES:

1. Recognize the symptomatology characteristics of amyloidosis
2. Refer patients with suspected amyloidosis for diagnosis and treatment
3. Prepare patients for referral for suspected amyloidosis

**Saturday 6/7/25**

**Initiating Basal Insulin: Moving from Hesitancy to Action**

FACULTY: Nipa R. Shah, MD. Professor and Chair, Department of CHFM, Jacksonville, FL.

DISCLOSURE: Neither Dr. Shah, nor any member of her immediate family has a financial relationship or interest with any proprietary entity producing health care goods or services. The content of his material(s)/presentation(s) in this CME activity will not include discussion of unapproved or investigational uses of products or devices.

OBJECTIVES:

1. Identify how overcoming delays to insulin initiation can improve outcomes in patients with T2D.
2. Differentiate current and emerging basal insulin therapies and their impact on therapeutic inertia.

**Balancing Relief and Risk: Confronting the Duality of Chronic Pain and Opioid Addiction HOUR 1 & 2**

FACULTY: Tabitha Davis Stellato, MD. Family Physician Faculty, McLeod Family Medicine Residency Program Florence, SC.

**DISCLOSURE:** Neither Dr. Stellato, nor any member of her immediate family has a financial relationship or interest with any proprietary entity producing health care goods or services. The content of his material(s)/presentation(s) in this CME activity will not include discussion of unapproved or investigational uses of products or devices.

**OBJECTIVES:**

1. Diagnose OVD and begin treatment with support
2. Discuss risk and benefits of opioids for chronic pain and how to mitigate such risks.
3. Understand use of buprenorphine for chronic pain.

**Staying in the Solution: How Do We Implement Evidence in Obesity Care?**

**FACULTY:** Scott Kahan, MD, MPH Director of the National Center for Weight and Wellness, Washington DC.

**DISCLOSURE:** Neither Dr. Kahan, nor any member of his immediate family has a financial Relationship or interest with any proprietary entity producing health care goods or services. The content of his material(s)/presentation(s) in this CME activity will not include discussion of unapproved or investigational uses of products or devices.

**OBJECTIVES:**

1. Apply the most recent evidence-based guidelines and emerging data for the diagnosis and management of obesity as a chronic, treatable disease
2. Review recent efficacy and safety outcomes of clinical trials of available and emerging anti-obesity medications (AOMs) and the implications for real-world practice
3. Employ holistic care plans for patients with obesity that incorporate education and principles of shared decision-making (SDM) while avoiding the perception of stigma or bias

**Sunday, June 8, 2025**

**My People Are Sicker”: Understanding Hierarchical Condition Categories**

**Faculty:** E. G. ‘Nick” Ulmer, MD, CPC. VP Clinical Integration, Medical Director Case management, Spartanburg Regional, Simpsonville, SC

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**OBJECTIVES:**

1. Define what HCCs are how they are important in showing a providers clinical value
2. Explain the reasons behind the Version 24 to Version 28 transition and how we should change our diagnosis coding.
3. Explain the economic alignment for HCCs and how they impact our financial viability with respect to population health and risk contracting.

**Evidenced-Based Drug Therapy Update**

**FACULTY:** Morgan Adams Rhodes, PharmD, BCACP. Clinical Associate Professor USC Department of Family and Preventive Medicine Columbia, SC.

**DISCLOSURE:** Neither Dr. Rhodes, nor any member of her immediate family has a financial relationship or interest with any proprietary entity producing health care goods or services. The content of his material(s)/presentation(s) in this CME activity will not include discussion of unapproved or investigational uses of products or devices.

**OBJECTIVES:**

1. Recognize the indications and adverse effects for new medications
2. Describe the mechanism of action for new medications
3. Determine the place in therapy for newly approved medications

**Harnessing AI in Family Medicine: Innovations and Implications**

**FACULTY:** Paul Bornemann, MD

DISCLOSURE: Neither Dr. Bornemann, nor any member of his immediate family has a financial relationship or interest with any proprietary entity producing health care goods or services. The content of his material(s)/presentation(s) in this CME activity will not include discussion of unapproved or investigational uses of products or devices.

OBJECTIVES:

1. Understand the Current Landscape of AI in Family Medicine: Explore how AI is being applied in primary care settings, including diagnosis, decision support, and patient management.
2. Address the Challenges and Limitations of AI in Family Medicine: Understand the potential pitfalls, including technological failures, data inaccuracies, and the limits of AI decision-making.
3. Incorporate AI Technologies into Daily Practice: Learn practical strategies for integrating AI solutions into patient care, documentation, and clinical decision-making